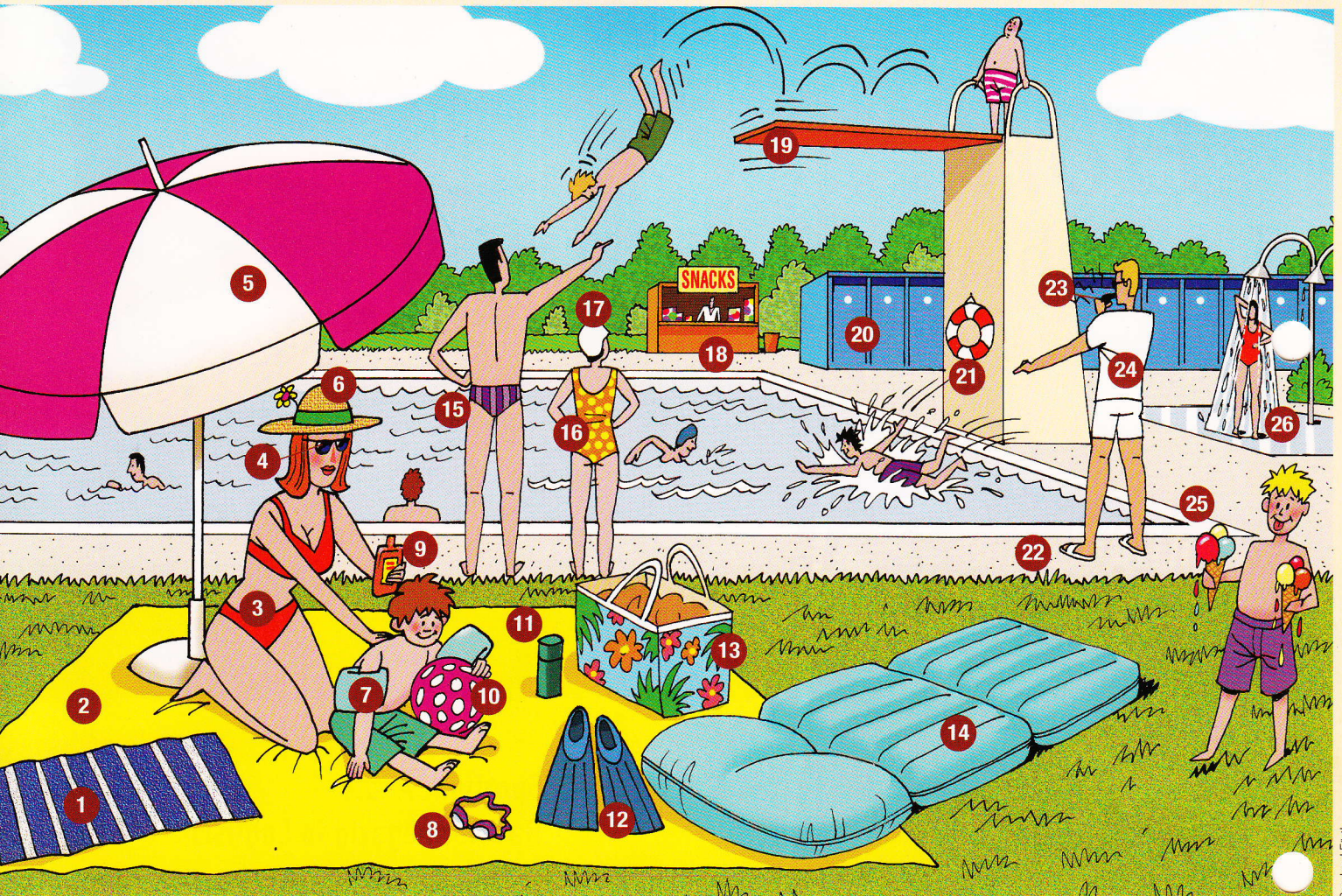


# At the pool

This month, ANNA HOCHSIEDER presents key words about the swimming pool.

easy 



Bernhard Forth

Len, Sally and their children, Vicky and Jamie, spend most summer weekends at their local **outdoor swimming pool**. Len works as a **swimming instructor**. His daughter is also a **strong swimmer** and a member of a **swimming club**.

Today, when they've found a place **in the shade** and changed into their swimming things, Len and Vicky **go for a swim**, while Sally rubs **suntan lotion** into Jamie's skin so that he won't **get sun-burned**. Len goes to the **diving board** and **dives** in head first. He wears **goggles**, because the **chlorine** makes his eyes burn.

Vicky does ten **lengths** of **breaststroke** and **front crawl**. She needs to practise her **backstroke** to qualify for the next **swimming tournament**.

Jamie can't swim yet, so he wears **armbands**. He **paddles** about at the **shallow end** of the pool with his mother **floating** on her back next to him. She wears a **swimming cap**, because she hates getting her hair **wet**. An older boy is doing **belly flops**, making the water **splash** everywhere, until the **pool attendant** blows his **whistle** to stop him.

## Words at the pool

- |  |   |
|--|---|
| 1. towel                                 | 15. (swimming) trunks                               |
| 2. blanket                               | 16. swimming costume <i>UK</i> / swimsuit <i>US</i> |
| 3. bikini                                | 17. swimming cap                                    |
| 4. sunglasses                            | 18. snack bar                                       |
| 5. beach umbrella                        | 19. diving board                                    |
| 6. sun hat                               | 20. changing rooms                                  |
| 7. armbands <i>UK</i> / water wings      | 21. lifebelt <i>UK</i> / life preserver <i>US</i>   |
| 8. goggles                               | 22. flip-flops                                      |
| 9. suntan lotion                         | 23. whistle   |
| 10. beach ball                           | 24. lifeguard / pool attendant                      |
| 11. Thermos / flask <i>UK</i>            | 25. ice-cream cone                                  |
| 12. flippers                             | 26. shower  |
| 13. cool bag                             |   |
| 14. inflatable mattress / lilo <i>UK</i> |   |

## Practice Try these exercises to check that you can talk about swimming.

1. Look at the text and the picture to find the words that match the definitions below.

### Verbs

- a) to lie on the water surface without moving much: \_\_\_\_\_  
 b) to jump from a board, or swim underwater: \_\_\_\_\_  
 c) to swim with short, quick movements, like a dog: \_\_\_\_\_

### Nouns

- d) a chemical substance used to keep water clean: \_\_\_\_\_  
 e) a creamy substance used to prevent sunburn: \_\_\_\_\_  
 f) a ring you throw into the water to save a person: \_\_\_\_\_

### Adjectives

- g) the opposite of "deep": \_\_\_\_\_  
 h) powerful: \_\_\_\_\_  
 i) needing to be filled with air before use: \_\_\_\_\_



2. Which of the things below do you wear on land, and which do you wear in the water? Find four pairs of words and write them in the correct column.

flip-flops • flippers • goggles • shorts • sunglasses • sun hat  
 • swimming cap • trunks

land	water
_____	_____
_____	_____
_____	_____
_____	_____

3. Choose the correct word in colour to complete the sentences.

- a) Come and sit in the **shade** / **shadow**! It's much too hot in the sun.  
 b) Be careful you don't **become** / **get** sunburned!  
 c) Don't dive in head-first at the shallow **end** / **side** of the pool!  
 d) Make sure that Jamie always **carries** / **wears** his armbands!  
 e) Come on! Let's go **on** / **for** a swim!

Answers on page 70

## Learning tip

### Collocations

The text contains a number of collocations — words that are often used together. It is a good idea to learn these as fixed phrases. Write them down in a notebook and test yourself by covering up one or the other half. Here are some verb and noun collocations from the text.

work	as a swimming instructor
be	a strong swimmer
go	for a swim
get	sunburned
do	the crawl
do	belly flops
blow	your whistle